

GOOCHLAND-POWHATAN COMMUNITY SERVICES
MINUTES
March 3, 2008

Goochland-Powhatan Community Services Board of Directors held its regularly scheduled monthly meeting on Monday, March 3, 2008 at Monacan Services in Powhatan.

Present

Bea Anderson
Kim Sprouse
Paula Price
Yurunda Harris
June Jeter
Ellen Cooper

Absent

Barbara Dawson
Julie Moore
John Carmack
Charles Bruce

Staff Attending

Susan Bergquist
Allison Hunter
Randy Camden
Bob Villa

Minutes

K. Sprouse brought the meeting to order and first asked if there were any additions to the agenda and there were none. K. Sprouse next asked if there were any additions or changes to the February, '08 minutes and there were none.

ACTION: Motion to approve the February, '08 minutes was made by B. Anderson and seconded by J. Jeter. Motion carried by all and the February, '08 minutes were approved.

Program Presentation

This month's program was presented by Monacan Services employees, Betty Henderson, Carson Killian and consumer Shirley Fox and Ms. Robyn Sutton (sister-in-law of a consumer). R. Camden introduced everyone and said they were there to tell more about who they are, what they do, etc. while at Monacan Services.

Shirley Fox began by saying she is a janitor; she basically cleans the bathrooms in the Powhatan office as well as a church in Goochland and sometimes cleans one of our apartments. In addition, she assists in cleaning the main office where she runs the vacuum/dusts and dumps trash occasionally. She spoke of the church cleaning in Goochland and said she was part of a "work team" where everyone works together and does a good job. She enjoys this service and being part of a team.

Betty Henderson spoke next and is currently a training specialist at Monacan Services. She commented that they have very busy days; clients begin coming in at 8:30 and usually stay until 2:00; a couple until 5pm. They provide games and activities during the day in addition to each of them having different "jobs" that they are responsible for doing throughout their time there. They also have regular monthly meetings where they can chose upcoming "outings" to go on which may include bowling, dances and bingo, which are some of their favorite things to do. She also mentioned that on Tuesdays is their "meals on wheels" day and they deliver meals to senior citizens.

Robbie Sutton spoke next and said that her brother-in-law, David comes here on a regular basis. She said that without question, David loves it here and the extended hours are wonderful for their schedule (he stays until about 5 pm). She gave two examples: one when he was sick and couldn't come there and how upset he became because Monacan Services couldn't "survive without him being there" and then the second example of when a van was late to pick him up, how he hitchhiked to get there because he didn't want to miss a day. She said that he knows all the workers by name and even has a girlfriend he named "Cupcake".

Carson Killian, Supervisor of Monacan Services added that David was able to attend without being funded in the beginning but then became funded later and that it has really worked out for him. Ms. Sutton added that she also gets a much needed break one night a week with her husband when David goes to "Men's group night" on Mondays. She said he calls it fondly his "PTA" night!

FY2008 Mid-Year Performance Contract Report

S. Bergquist first stated that this report has not been submitted yet because the State cannot take submission of any CCS data but she will be submitting it soon. This covers the period July 1, 2007 through December 31, 2007 and she said that this year's report will be under significant review for next fiscal year. She directed the group to Exhibit A of the report where the revenue sources are listed to include state restricted and state funds, along with local matching funds broken down by the areas of MH, MR and SA respectively. She clarified that the local matching funds mainly show our "fee" revenue and account for a large portion of these dollars. These are detailed further in the attached pages of the report but all add together to equal front page totals. From there, you can also get a glimpse of the people we serve starting on page 14 of the report. She says she first makes a calculated "guess" of these numbers and then does a mid-year and year-end re-work of these numbers. As mentioned in the past, our services are measured in many different ways; some in units, hours or bed capacity.

ACTION: Motion to approve the FY2008 Mid-Year Performance Contract Report was made by E. Cooper and seconded by R. Harris. Motion carried by all and the FY2008 Mid-Year Performance Contract Report was approved.

Prevention Services – Tobacco Settlement Grant Award

S. Bergquist recapped that we presented this grant at last BOD meeting and she is pleased to announce that we were awarded this grant that will be starting in the August/September timeframe of next year. The grant is approximately \$75K and will go towards hiring a full time position to provide smoking prevention and cessation activities in the Powhatan Schools. It will also be part of the budget revision for Fiscal Year 08 that will be presented to the Board. Again, there is a great benefit to both CSB and the schools as a collaborative effort with this award.

Richmond Times Dispatch Series on Mental Health

S. Bergquist next spoke about the series of articles on Mental Health that was recently published in the Richmond Times Dispatch. These articles highlight the journey of a young man with mental illness over the last 18 months or so. This young man is one of our consumers. She further explained that this story is told from the view point of his mother, her journey and perspective of his care. She stated that the consumer is now at Gateway Homes and is doing well. While it was decided that no response is necessary to these articles, S. Bergquist did draft a statement in case we are asked to provide a response. She then directed the members to this statement as found in the board packet and asked them to review it and let her know if there were any questions.

Legislative and VACSB Updates

S. Bergquist stated that the Virginia General Assembly continues its deliberations. Two action alerts that she wants to mention including one from Arc of Virginia pertaining to the 800 MR Waiver slot support and to contact your local delegate or senator in support; these are listed on the last page of the report that she distributed to the group on this subject. In addition, budget committees are meeting in full force and she doesn't know if there will be a delay or not with their final outcomes. Also mentioned was the current Mental Health "Parity" bill which would make insurance companies provide the same benefits for MH/MR services as they do for physical health. In September, the Senate passed this parity bill and the House votes on this important bill on Wednesday; from there it will go to Congress. They are basically proposing a "federal minimum standard" across the board. Please go to www.mhav.org to get more info on this and voice your opinion.

Reports

Hospitality Report – nothing to report.

Chairman's Report – nothing to report

Executive Director Report

S. Bergquist reported the following:

- Taylor building –we are now hooked up to the county sewer and are getting ready to re-pave the parking lots. This will help move us forward in negotiating a purchase price with Taylor building which should be coming up soon.
- Budget items for next fiscal year – S. Bergquist stated that we have already been notified that VRS rates for next year will put us approximately \$65K in the hole. Unfortunately, this re-adjustment will hold for the next two year cycle. In addition, she is pleased to say that our health insurance has given us a quote for next year (we had RFP'd it out per the county) and it is under a 2% rate increase through The Local Choice, if we chose to go with them. The contract is up June 30, 2008. Knowing the forecast for VRS, S. Bergquist stated that we will be looking closely at “trimming operations” and will be coming up with suggestions at management meetings.
- CSB issue for all boards – the Federal government is giving a final ruling that we cannot be paid for Targeted Case Management the way we have been which has been to get a monthly fee. DMAS says we can't make that change quickly, so they have put out a survey. In the meantime, there has been a request for a “moratorium” at the federal level, the outcome of which is currently uncertain. Currently they are not budging on this. Medicaid is better than 40% of our budget so causes some angst.
- Current openings at GPCS - Crisis Stabilization position, Consumer Liaison position, Residential Support Specialist and Virginia House Psycho-social Rehab Counselor
- Virginia House – reported that they had all staff out at one time with the flu!

K. Sprouse asked if there was any other business to discuss and there was none.

ACTION: There being no further business, meeting was adjourned at 6:35 pm.

Submitted by: _____
Ellen Cooper, Secretary

EC/ah